Don't miss our kick-off Confirmation Family & Candidate Info Night on <u>September 9th @ 6pm</u> in the Parish Hall!

WHAT IS CONFIRMATION?

Confirmation is one of the three Sacraments of Initiation. Confirmation is not graduation; it is not the end, but the beginning! Confirmation strengthens the gifts of the Holy Spirit you received at your Baptism. These gifts help you share and defend the faith that has been handed down by the apostles. Confirmation preparation is all about equipping you to be fully initiated into the very Church Jesus gave us to help us get to heaven.

"When a coach sends a soccer player onto the playing field, he puts his hand on their shoulder and gives them final instructions. Confirmation can be looked at in a similar way. A hand is placed upon us. We step out onto the field of life. Through the Holy Spirit we know what we have to do and we have been given the power to do it. He has motivated us. His mission resounds in our ears. We sense his help." (Youth Catechism 203)

ELIGIBILITY FOR FALL 2019 CONFIRMATION

- Must be in Grade 8 or older.
- Baptized in the Catholic faith and has submitted a copy of their baptismal certificate (if baptized somewhere other than St. Paul the Apostle Parish).
- Has received First Reconciliation and First Eucharist.
- Participates in the sacramental life of the Church by attending Mass and exhibiting an active faith life.

REGISTRATION

Register online to prepare to receive the Sacrament of Confirmation this year at:

www.stpaulkingston.com/confirmation

Registration is due by Friday, September 6th

A paper registration form is also available upon request at the parish and at our parish schools. Forms can be dropped off at the parish office on weekdays or in the Confirmation dropbox in the gathering space on weekends.

See you at the Confirmation Family & Candidate Info Night on September 9th @ 6pm in the Parish Hall!

CONNECT GROUPS

One of the key aspects of Confirmation preparation this Fall are small groups of youth called **Connect Groups**, where those preparing for Confirmation will get together to hang out and discuss some of their biggest questions about life and faith! Connect groups are places where our youth can come to get to know other youth who are also being confirmed and to grow in their relationship with Christ, while being mentored by faith witnesses from our school and parish community. Connect groups meet every two weeks either at one of our parish schools or at the church. As part of your registration, you are asked to indicate when you are busy this Fall, as Connect groups will be determined based on this availability. Connect groups will be formed in early September, and available at the Family and Candidate Meeting on September 9th. We can't wait to meet you!



SERVICE PROJECT

Service is an essential part of the mission of the Church! Confirmation candidates are invited to use their gifts and talents to take on some form of service as part of their preparation for Confirmation. Candidates can either come up with their own form of service, serve in ministry at the parish, or stayed tuned to emails this Fall as we will send out service opportunities that arise!



CHOOSE A SPONSOR

Confirmation candidates will choose an eligible Confirmation Sponsor who will complete and submit the **Sponsor Form** on the parish website (<u>stpaulkingston.com/confirmation</u>). More information about choosing a sponsor can also be found on the parish's Confirmation website by clicking the **Confirmation Sponsor Information** link.



CHOOSE A PATRON SAINT

Confirmation candidates have a couple options concerning the choice of Confirmation name. More information can be found on the parish's Confirmation website by clicking the Confirmation Saint Name Information link.



CONFIRMATION APP

This year, our Confirmation preparation program comes with a handy and free app to keep track of key dates for Confirmation and Connect group meetings! Please download **Life Teen Purpose** from the App Store (available for both iOS and Android). You will receive a login once your registration is received at the parish.



QUESTIONS?